

# AQUALYX®

THE SOLUTION FOR PROBLEM AREAS



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OUR PRACTICE STAFF  
WILL GLADLY HELP YOU

DISSOLVE TROUBLING FAT DEPOTS  
SIMPLY AND SECURELY WITH AQUALYX™

DOUBLE CHIN | UPPER ARMS  
LIPOMA | WAIST | LOVE HANDLES | HIPS  
SADDLE BAGS | THIGHS | KNEES



## WHEN IS THE TREATMENT WITH AQUALYX™ NOT RECOMMENDED?

AQUALYX™ is not recommended when the patient is suffering from acute or chronic skin diseases in the affected area.

For safety reasons all patients with a medical history including anaphylactic reactions, severe allergies, severe organic or physical illnesses, autoimmune diseases or diabetes, as well as women who are pregnant or during lactation are excluded from any treatment with AQUALYX™.

## WOULD YOU LIKE TO KNOW MORE ABOUT AQUALYX™?

Your attending medical practitioner will answer all your questions during a personal consultation and consider whether a treatment with AQUALYX™ is advisable.

Schedule your personal appointment today.

This pamphlet purely serves as a basic information for patients and does not substitute a detailed and personal consultation with a medical practitioner. This pamphlet may not be distributed anywhere other than this practice. Treatment with AQUALYX™ is not advised for patients under the age of 18 or over 60.

## WHY REGULAR EXERCISE AND HEALTHY NOURISHMENT DO NOT ALWAYS WORK...

You pay close attention to a wholesome lifestyle by exercising regularly and eating healthy, yet that one pad of fat that troubles you most will not disappear? The cause for this lies within our genetics and the special structure of our fat cells in certain areas. The human body naturally stores fat in order to supply energy in times of restraint. Fat cells located in the subcutaneous fat tissue are difficult to diminish, as only their contents and overall volume can be altered, but not the fat cells themselves. These particular fat cells cannot be reduced and continuously serve as a reliable depot for the body to store fat.

### HOW DOES AQUALYX™ WORK?

AQUALYX™ contains desoxycholan-acid, a secondary bile acid. With the assistance of bacteria our body is able to produce this acid itself in the liver in order to aid the digestion of fat. The fat-dissolving effect of this acid was utilised by Prof. Pasquale Motolese, the inventor of AQUALYX™, who developed a synthetically manufactured variant. The active substance locks on to the the fat cell walls and starts to operate, resulting in the cell wall becoming unstable and releasing the fatty acid that is stored within. Cell residue is removed by the body's defenses and the non-attached fatty acids are metabolised and converted into energy.

## HOW IS THE TREATMENT WITH AQUALYX™ CONDUCTED?

Using thin, flexible cannulas, AQUALYX™ is injected directly into the subcutaneous fat tissue. The treatment is virtually painfree, as fat tissue is almost free of sentience and AQUALYX™ contains an additional local anaesthetic. Immediately after the injection the affected area may redden and swell to a slight degree. As with any treatment with a hypodermic needle, minor haematoma might develop. All these are expected side effects that abate within a couple of days after the treatment.

### WHAT SHOULD I PAY ATTENTION TO AFTER A TREATMENT WITH AQUALYX™?

Do not apply any cosmetics onto the treated area within the following 12 hours and avoid all direct sources of heat and radiation (sunlight, UV-radiation, sauna etc.) Furthermore you should abstain from particularly demanding physical exercise for 7 days.

As the thus released fatty acids are converted into additional energy, it is especially important that you keep a strict and healthy diet, otherwise your body will simply store the fat in an alternative fat depot.

## WHICH AREAS OF THE BODY CAN BE TREATED WITH AQUALYX™?

Used for the dissolution of fat depots, AQUALYX™ can be administered all over the entire body.  
e.g. Double chin | prejowl sulcus | upper arms | arm pits | waist | hips | saddle bags | knees | shackles | augmented fat depots located on buttocks, chest and the inner thighs. AQUALYX™ is also a possible treatment of pseudo-gynecomastia and buffalo humps.

## HOW MANY TREATMENTS ARE REQUIRED?

The amount of treatments varies according to the desired degree of amendment, the dimensions of the fat depot and the individual reactions of the fat tissue. On average you will have to expect around 3 to 5 appointments, with 3-week intervals, until you can actually perceive the results. A treatment with AQUALYX™ does not result in weight loss. Healthy nutrition as well as an exercise regimen are an absolute necessity to ensure success of the treatment.

